



SEVEN INFINITY

PLANNING PILATES REFORMER 2025/2026

LUNEDÌ	MARTEDÌ	MERCOLEDÌ	GIOVEDÌ	VENERDÌ	SABATO
7.10 - 8.05 GIULIA / REFORMER  	9.30 - 10.25 FEDERICA / REFORMER  	7.10 - 8.05 GIULIA / REFORMER  		7.10 - 8.05 GIULIA / REFORMER  	9.30 - 10.25 GIULIA / REFORMER  
10.30 - 11.25 GIULIA / REFORMER  	10.30 - 11.25 FEDERICA / REFORMER  		10.30 - 11.25 GIULIA / REFORMER  	8.10 - 9.05 GIULIA / REFORMER  	10.30 - 11.25 GIULIA / REFORMER  
				10.00 - 10.55 GIULIA / REFORMER  	11.30 - 12.25 GIULIA / REFORMER  
					13.00 - 13.55 GIULIA / REFORMER  
			15.00 - 15.55 GIULIA / REFORMER  		
18.00 - 18.55 GIULIA / REFORMER  	17.30 - 18.25 GIULIA / REFORMER  		16.00 - 16.55 GIULIA / REFORMER  		
19.00 - 19.55 GIULIA / REFORMER  	18.30 - 19.25 GIULIA / REFORMER  			18.00 - 18.55 STEFANIA / REFORMER  	
20.00 - 20.55 GIULIA / REFORMER  	19.30 - 20.25 GIULIA / REFORMER  	19.30 - 20.25 GIULIA / REFORMER  		19.00 - 19.55 STEFANIA / REFORMER  	
21.00 - 21.55 GIULIA / REFORMER  		20.30 - 21.25 GIULIA / REFORMER  		20.00 - 20.55 STEFANIA / REFORMER  	

 ATTIVITÀ INTERMEDIA

TUTTE LE LEZIONI: SALA THE CAVE

 OLISTICO

APERTURA NUOVE CLASSI OGNI SETTIMANA

THE CAVE⁷

REV201025